

Dear POST-ICECAP Teams,

Welcome to this special edition of the POST-ICECAP Study Newsletter! Your dedication and hard work continue to drive the success of this study, and we appreciate all that you do!



Study Updates

- **Participant Enrollment Progress:** 132 participants enrolled, and 143 consented to date – great job! Keep up the momentum!
- **Site Enrollment Progress:** 40 sites open for enrollment and 16 sites preparing for start-up

Site Spotlight

Major Milestones Achieved!

- Kudos to **SUNY Upstate** for becoming the first site to complete a 12-month follow-up visit—and they completed two! **NYP Columbia, UPMC Presbyterian, and Yale** have also successfully completed a 12-month follow-up visit! Thank you to these teams for your dedication to long-term follow-up and continued participant engagement.
- A huge congratulations to **Harborview Medical Center** for consenting the 125th participant! This impressive milestone is a testament to your team's dedication and effort—outstanding work!
- Great job to **Ronald Reagan UCLA** and **OSU East** for achieving 100% CRF First Submit within the designated windows for data entry! Excellent work!
- Leading the charge in recruitment with an impressive average of 1.68 subjects per month is **UPMC Presbyterian Hospital!**

The challenge continues! The race is on to see which site will be the first to consent the 150th participant. Who will reach this milestone first? Stay tuned for updates!

Want to see your site featured? Keep pushing forward, and you might be in the spotlight next!

Recruitment & Retention Tips

- **Featured Participant Resource:** We've compiled a list of helpful resources to support participants and their families. This includes crisis hotlines, mental health services, peer-to-peer support groups, educational tools, family and caregiver support, and financial assistance programs. These resources are here to help support and guide individuals recovering from cardiac arrest and other major health events. Find them [HERE](#)
- **Office hours:** Join us on the first Monday of every month for open discussions and Q&A. Our next session is on **July 7 at 1PM ET** - drop in with your questions!

If you have any questions, need assistance, or want to share feedback, don't hesitate to reach out to us at:

post-icecap-contact@umich.edu or visit our [study website](#).

Best Regards,
The POST-ICECAP Study Team

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