

# HELP RESEARCH ON CARDIAC ARREST RECOVERY

Everyone's recovery journey is different. We want to hear about yours!

# **POST-ICECAP**

Patterns Of Survivors' Recovery Trajectories in the Influence of Cooling

Duration on Efficacy in Cardiac Arrest Patients

**Sponsor:** The National Institutes of Health

## WHAT IS THIS STUDY ABOUT?

To understand how people recover after a cardiac arrest, both physically & mentally

### WHO CAN PARTICIPATE?

- 18 years or older
- Speak English or Spanish
- Survived a cardiac arrest

### WHAT IS INVOLVED?

- Meet with the research team at 1, 3, 6, 9, & 12 months by phone or in-person
- Answer questionnaires & complete puzzles





